**Hypokalemia**

* Hypokalemia is a serum K level less than \_\_\_\_\_\_
* Normal K level is \_\_\_\_\_\_\_\_\_\_\_

**List the Causes of hypokalemia**

* \_\_\_\_\_\_\_\_\_\_\_\_ use
* \_\_\_\_\_\_\_\_\_\_\_ syndrome
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Patient receiving \_\_\_\_\_\_\_\_\_\_\_\_\_
* What happens to potassium after giving insulin? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Signs and Symptoms**

* Nervous system \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Cardiovascular system\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Respiratory system \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Gastrointestinal \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**3 EKG Changes associated with hypokalemia**

* \_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_

**Treatment (give K)**

* \_\_\_\_\_\_\_\_\_\_\_\_\_
* How to give oral potassium? \_\_\_\_\_\_\_\_\_\_\_\_\_\_
* How to give liquid potassium to increase compliance? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* List foods high in K \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**5 Important to remember with giving IV potassium**

* Never give \_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_